



CLINICAL NUTRITION OBSERVERSHIP



TARGET AUDIENCE:

Registered dietitians (interns and specialists), physicians (specialists in intensive care, dermatology, neurology, gynecology, nephrology, gastroenterology, oncology, pediatrics, neonatology, endocrinology, rehabilitation, psychiatrists, and geriatrics), and nurses (of all specialties)



LEVEL OF TRAINING ACTIVITY: Basic - Advanced



OBJECTIVES:

- Acquiring the skills to perform thorough assessments of patients' nutritional needs and to evaluate their dietary intake.
- Understanding the principles of medical nutrition therapy for different conditions such as diabetes, cardiovascular diseases, gastrointestinal disorders, nephrology, geriatrics, pediatrics, and more.
- Gaining insight into the administration of specialized nutrition support, including enteral and parenteral nutrition, for patients who cannot consume adequate nutrients orally.
- Developing effective communication skills to provide nutritional counseling to patients, including behavior modification techniques and patient education.



MAIN TOPICS: (up to 10)

- Nutritional assessment - adults and children
- Medical nutrition therapy - adults and children
- Enteral and parenteral nutrition - adults and children
- Nutritional counseling - adults and children
- Integration of nutrition therapy into the overall patient care plan



TYPE OF ACTIVITY

- Offsite Observership at Sheba – Individual



TRAINING METHODOLOGY: (dependent on the chosen activity)

- Ward rounds
- Clinical discussions
- Frontal lectures
- Journal club
- Observation of patient consultations
- Observation of dietitians in outpatient clinics
- Participation in interdisciplinary team meetings



NUMBER OF PARTICIPANTS:

- Offsite Observership at Sheba: 1-2



DURATION:

- 1-2 weeks